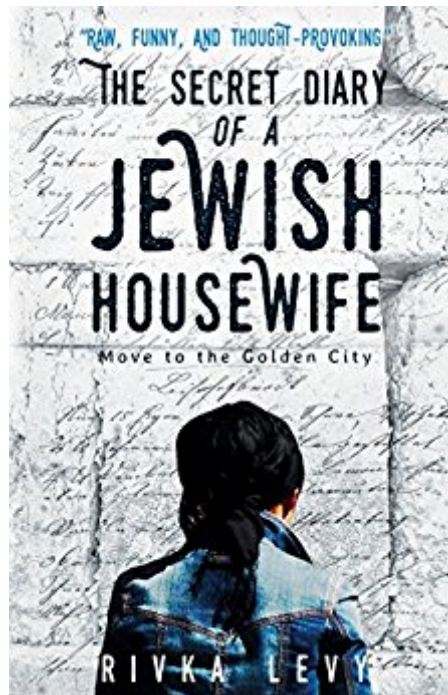




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# The Secret Diary Of A Jewish Housewife: Move To The Golden City



## Synopsis

Being a Jewish housewife isn't all bagels and borscht. There's a much deeper, sometimes darker, and often laugh-out-loud funny side to Jewish female life that's uncovered in *The Secret Diary of a Jewish Housewife*. This is a book for spiritual seekers, original thinkers, and all those women who also grapple with life's big questions, like: "Why did God make teenagers?" "How can I be happy and productive, when life is so stressful?" "Why does my husband think his comments are amusing?" "What does it take to be a 'good enough' mother?" "Can there truly be a spiritual dimension to cleaning my bathroom?" "Does God still love me on those days when I've forgotten how to love myself?"

WHAT OTHER PEOPLE ARE SAYING ABOUT *THE SECRET DIARY OF A JEWISH HOUSEWIFE*: "Raw, funny, and thought-provoking in a way that WON'T make you gag and roll your eyes. This book is a stand-out winner in its genre." - Dassie Dahan, author of *Jews: Stuff You Always Wanted to Know But Didn't Know Who to Ask* "The *Secret Diary of a Jewish Housewife* is a powerful book, and a true gift to the soul." - Mary Mandel, Children's Health Activist. "This entertaining book is full of deep insights, and also teaches the reader how to connect their life back to the Creator. It's a great, important read." - Yardena Slater, founder of [www.holyhealthiness.com](http://www.holyhealthiness.com).

## Book Information

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## Customer Reviews

Loved the "realness" of the book...it inspired us to keep on going even when we feel like we're not successful at most of what we're trying to do...\*:-)

I'm not so into the "personal anecdotes and reflections" genre, but there are exceptions and this is definitely one of them. I first discovered Rivka Levy's writing on her popular blog, so I was excited to read her book, figuring it would be the same compelling, engaging style as her blog. And I certainly wasn't disappointed. (No surprise there, if you've ever read her writing.) In the diary, Rivka comes off as a quirky & compelling Everywoman, but with the caveat that she's able to dig down much deeper than these diaries ever go...and still remain engaging & readable. While my life experiences are different than the author's (i.e., I came to Israel very young and single while she came married with kids; she was an incredibly successful professional in her field at one point and I've never been), her inner struggle to figure things out and to make something of her inner self is soul-work to which I can definitely relate. Regardless of who you are, this book offers a lot to laugh about, read about, and think about.

Rivka Levy's book gave me a glimpse into another life I otherwise would not get. Hers are the musings of an Orthodox Jewish woman, recorded over the course of the year 2015 as she grapples with life in Jerusalem, mothers two adolescent daughters, seeks spiritual fulfillment, and discusses religious quandaries with her lawyer/yeshiva student husband. Her British background brings a certain worldliness to her struggles with everyday life in Israel. She calls herself "frum," the Yiddish term for Orthodox Jews, but she's very conscious of the fact that she doesn't fit the regular mold of a "frum" Jewish woman. I learned a lot from her as that world is pretty alien to me--there was a plethora of Yiddish and Hebrew terms and religious concepts that meant a lot to her but not to me. I had to investigate! And I love it when an author makes me look stuff up and expands my horizons. And so I learned a bit about the Chasidic world she somewhat moves in--up until reading her book, for example, I had never heard about Jews making pilgrimages to Uman in the Ukraine. Rivka Levy's *Secret Diary of a Jewish Housewife* was so engaging, so personal and so upfront that I kept on reading and wished her book would go on and on. Thankfully, Rivka is an avid blogger, so I've

been able to read on.

I received a review copy of this book for free and I have to say it was a pretty interesting read. I read it as an outsider looking into another's life and I found a lot of similarities and plenty of laughs. I liked the writing style and it was a great read; I would recommend to all cultures. You can tell the author had a lot of fun and got a lot from writing this book; I feel like I learned a lot. I would of liked to see more than a years' time span, but enjoyed it and would recommend.

It took me a while to pinpoint on what to write, but I knew I had to write something, there are just so many excellent points in this book and it has made a tremendously huge impact on how I live my life on a day to day basis. The author's raw honesty woke a part of me that had been sleeping for many years unbeknownst to myself and I like to consider myself a mindful conscious person. After reading this book I was able to take a very deep exhale. I have more compassion for myself, less critical of myself. I am doing my best in this world by being truthfully honest of where I am holding in my Judaism and that the small steps done with heart allows one to climb up that spiritual ladder. We women have been way too harsh on ourselves and each other and I felt Rivka just took the pressure valve off by opening herself to her own inner conflicts that I can totally relate to. Thank you Rivka Levy! This book came to me at the right time in my life.

I thoroughly enjoyed reading Rivka's book. It seems like a simple read, especially since her style is conversational, and of course it is a diary. But it belies what is really hidden within--a treasure of inspiration, guidance, honesty, and humor. As an immigrant myself, I could identify with so many of her challenges. It is so refreshing to read a book by someone grounded in reality, who is not lecturing, but rather is opening a window into her soul's journey. The Secret Diary of a Jewish Housewife offers something for everyone and I highly recommend it.

I received this book for free. My opinion is my own. New fan. She has a blog and I suggest checking it out. Her personal story is about digging deep down and finding meaning in your life. It's therapeutic for me to read about someone else and learn from their lives. A lot to absorb and I enjoyed it. Stark cultural differences, but not so far off I can't relate.

I am so glad I invested in this book it answered many questions I have about myself, and shows me how to live this precious life that Hashem has blessed me with. It helps remind me to cling to

Hashem even when things aren't going as planned. Living a life of emuna is the best thing we can do for our soul.

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